

GET THIS EVENT ON YOUR CALENDAR!!!

Columbia, Missouri's 9th Annual



**MIDWEST TRACK AND FIELD SHOWCASE
&
TEAM CHAMPIONSHIPS**

Saturday, July 13, 2024

**Battle High School
7575 E. Saint Charles Road, Columbia, MO**

A great Nationals tune up meet for all clubs & unattached athletes. Plus, a chance to bring the Kansas City & St. Louis area clubs together to compete.

- **ENTRY DEADLINE** - Wednesday, July 10 by 11:59pm on Coach0.com
- **ENTRY FEE** - \$20.00 Per Athlete
- **ADMISSION** - \$5.00 per person (5 and under free)
- **AWARDS** - Overall Small Club (25 or less registrations): 1st, 2nd & 3rd Place Plaques
Overall Large Club (26 or more registrations): 1st, 2nd & 3rd Place Plaques
Individual Medals: Gold, Silver & Bronze
- **AGE & ENTRY LIMITATIONS:** 11-12 & younger - 3 events 13-14 & older - 4 events

Track Events

1500m RW	400m Dash
3000m RW	1500m Run
3000m Run	Intermediate Hurdles
Sprint Hurdles	200m Dash
4x800m Relay	800m Run
100m Dash	4x400m Relay
4x100m Relay	

Field Events

Shot Put
Discus
Turbo Javelin
Javelin
High Jump
Triple Jump
Long Jump
Pole Vault

For more information, find our meet on Coach0.com

BlueThunderTrackClub@gmail.com or 573.682.0368

WHICH CLUBS WILL RUN AWAY WITH THE TITLES? IT COULD BE YOURS!